

The October 7th tragedy wounded the hearts of the Israeli people and Jewish people worldwide. This is the time for us to come together to recover, rebuild, grow stronger and once again thrive.

On this Tu BeShvat, we raise our heads, join hands, and grow as a nation. We strengthen our roots and sow seeds of hope. Through the idea and the values of Tu BeShvat we'll connect to the stories of heroism in Israel.

Thanks to our heroes we're able to grow anew and strengthen our roots and our connection to the land of Israel. The Ministry for Disapora affairs and combating Antisemitism and JNF, are inviting you to participate in a special activity in addition to the Tu Bishvat events that will be held worldwide

HOW DO YOU PARTICIPATE?

1 PASTE AND SCAN

- Explain the code that appears on the sticker and scan the barcode together, each participant has one on their own pot. The barcode will lead you to a designated site for the project that connects us to the stories of heroism and our pure desire to grow out of the crisis.

- Watch the heroism movies and read the heroism stories.

2 PARTICIPATING & TAKING PICTURES

- Take a picture of yourself with the seedling/pot in your possession and dedicate it to one or several of the heroes. Explain why you chose these heroes and what inspired you in their story. "I choose to dedicate this seedling to _____ [name of the hero].

What touched me in _____'s story was ..." [from here fill in freely]

- Take a picture of yourself or of your group with the seedling/pot and the sticker. You can take a photo or make a short video with dedication.



SEEDS OF HOPE
עם ישראל חי



קרן קיימת לישראל
K K L - J N F



Ministry for Diaspora Affairs
and Combating Antisemitism

- Participate in a community planting event. Take a picture next to the seedling you planted.

- Take a video of yourself singing "Am Yisrael Chai" next to the seedling/pot.

Send all the videos and photos to us by email: il.seedsofhope@gmail.com

We will collect all the photos and videos and make a moving video out of them with the participation of the Jewish communities and all the sowers of hope from around the world.

The clip will be published on a special international website and will be widely distributed to all Jewish communities in the Diaspora.

3 LEARNING AND DEEPENING

On the site you will find lesson plans and other sessions for a variety of ages about Tu BeShvet and the "Iron Swords" war.

4 SHARE AND TALK

Conduct a social dialogue to raise awareness of the issue of growth out of the crisis.

Examples of key questions you can use:

- What is heroism in your eyes?
- What is the most exciting heroic story you have heard in your on the website?

life and what is the most exciting story you have read or watched

- How do you think it is possible to succeed in growing out of the pain?
- How do you manage to increase the light in the world despite the fear of the dark? How do you create hope?
- What would you wish for the people of Israel?
- What good deed do you want to undertake in the future to contribute to the growth of hope?



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